

# 21 simple ways ... To Say Thank You



How do you say thank you to a friend for simply being there? Or for helping you out when you need a hand? There are so many ways -- big and small -- to express your love, gratitude and appreciation. Use these 21 tips to find special ways to say thank you, from the heart.

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**1 The Old-Fashioned Way.** It may be a lost art, but a timely thank you note can make all the difference. Write with sincerity, not necessarily length.

- 2. A Picture Says It All.** When someone has done something special for you, the joy on your face can demonstrate your gratitude. Capture the moment with a camera and attach the picture with a note.
- 3. A Toast.** Expressing your appreciation in front of someone's peers is a lovely way to say thank you.
- 4. Food Shows Love.** The gift of food means the gift of your time and gratitude. Bake cookies, cake or some other favorite -- attach a thank you note to top it off.
- 5. Reciprocate.** When someone helps you out, they're usually not looking for a favor in return. But be aware of times you can lend a hand in return.
- 6. Just Be There.** When a friend needs you, let them know you'll be there for them -- to hold their hand or just wait out the hard times.
- 7. Listen.** Simply listening -- not talking -- can be a rare gift. When your friend needs you, tell them thank you by giving them the gift of a shoulder to cry on.
- 8. Thank You with Flowers.** We expect to receive flowers from a spouse or loved one. Surprise your friends and family with the gift of flowers when they least expect it.
- 9. Say It Many Ways.** You'd be surprised how many ways one can say "Thank You". Record a video of you saying "Thank You" in multiple languages.
- 10. Show Your Affection.** Give someone a bear hug -- put all your joy and appreciation into that hug.
- 11. Pay It Forward.** Say thank you to the world at large. Pass along the gift of giving by doing a good deed for another.

- 12. Do the Unexpected.** Even if you've already said thank you, surprise the giver with something a little extra -- when they least expect it!
- 13. The Right Fit.** Make sure you thank someone the way they would want to be thanked. Don't go overboard.
- 14. A Letter.** If the thank you note is a lost art, the written letter is a long-forgotten gift. Pour your gratitude into a long letter.
- 15. Say It Digitally.** A cute or funny e-card can be just the thing to perk up someone's morning email inbox.
- 16. Earn It.** If someone helped you accomplish a goal, make sure their help doesn't go to waste.
- 17. The Gift of Time.** Time is often the most cherished gift. Offer to babysit, or help with chores.
- 18. Charitable Thanks.** If your friend has a cause close to his or her heart, make a donation in their name.
- 19. Say It With a Song.** Music can express thanks in more ways than words. Create a musical compilation to say thank you.
- 20. Remember When.** As time goes on, don't forget a kind act. When you remember it, say thank you again.

**21 Say It Simply.** Nothing means more than those two simple words, "Thank you." Say it from the heart and it will mean more than any gift.